

Oligometastatic disease: State of the art

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Stereotactic Body Radiation Therapy (SBRT) Stereotactic ABlative Radiotherapy (SABR)



A technique for delivering external beam radiotherapy

- with a high degree of accuracy to an extra-cranial target,
- using high doses of irradiation,
- \circ in 1-8 treatment fractions

S. Senan, U. Ricardi, M. Guckemberger, K.E. Rosenzweig, and N. Ohri: Stage I NSCLC and oligometastatic disease The IASLC Multidisciplinary approach to Thoracic Oncology, 2017 (Pass, Scagliotti, Ball)



Metastatic sites amenable with SBRT







Selected studies on SABR in lung metastases

Study (year)	Patients (n)	Dose and fraction	Median follow-up (months)	Local control	Overall survival	Toxicity
Wulf <i>et al.</i> (2001)	27	30 Gy/3 fractions; 36 Gy/3 fractions	15	2 years: 71%	1 year: 48%; 2 years: 21%	G5: 2.2%
Onimaru <i>et al.</i> (2003)	45	48 Gy/8 fractions; 60 Gy/8 fractions	18	3 years: 69.6 and 100% for 2 dose levels	2 years: 47.1%	G5: 3.7%; G3: 3.7%
Yoon <i>et al.</i> (2006)	53	30 Gy/3 fractions; 40 Gy/4 fractions; 48 Gy/4 fractions	14	70, 77 and 100% for 3 dose levels	1 year: 89%; 2 years: 51%	No >G2
Okunieff <i>et al.</i> (2006)	50	50 Gy/10 fractions; 48 Gy/6 fractions; 57 Gy/3 fractions	18.7	3 years: 91%	2 years: 50%	G2: 6.1%; G3: 2%
Norihisa <i>et al.</i> (2008)	34	48 Gy/4 fraction; 60 Gy/4 fractions	27	2 years: 90%	2 years: 84%	G2: 12%; G3: 3%
Brown <i>et al.</i> (2008)	35	5 Gy/1 fractions; 60 Gy/4 fractions	18	Crude: 77%	2 years: 72.5%	G3/G4: 2.8%
Rusthoven <i>et al.</i> (2009)	38	60 Gy/3 fractions	15.4	2 years: 96%	2 years: 39%	G3: 8%
Ricardi <i>et al.</i> (2012)	61	45 Gy/3 fractions; 26 Gy/1 fraction	20.4	2 years: 89%	2 years: 66.5%	G3: 1.6%



Original article

Local tumor control probability modeling of primary and secondary lung tumors in stereotactic body radiotherapy

M. Guckenberger, Radiother Oncol 2015



Radiosensitivity not significantly different between primary NSCLC and lung metastases



The concept of OLIGOMETASTASES



The beauty: a simple concept

STUDII SELISUAR DE RINERS

Courtesy: Matthias Guckenberger

The Oligometastatic State

Do patients with limited metastatic disease behave differently than those with more widespread metastases?



Phase III FLEX study in stage IV NSCLC

Metastases to 1, 2 and 3 sites had an overall survival of 12.4 months vs 9.8 months vs 6.4 months, respectively





Pirker R, Lung Cancer 2012



Defining oligometastatic disease from a radiation oncology perspective: An ESTRO-ASTRO consensus document

Yolande Lievens^{a,*}, Matthias Guckenberger^b, Daniel Gomez^c, Morten Hoyer^d, Puneeth Iyengar^e, Isabelle Kindts^f, Alejandra Méndez Romero^g, Daan Nevens^h, David Palmaⁱ, Catherine Park^j, Umberto Ricardi^k, Marta Scorsetti¹, James Yu^m, Wendy A. Woodward^c

OMD definitions used across publications.

Oligometastatic disease (OMD)

Many refer to the original definition of Hellman and Weichselbaum [6]: An intermediate state between local and systemic disease, where radical local treatment of the primary cancer and all metastatic lesions might have a curative potential

+ Outcome

An intermediate state in which local or treated metastasis control may yield improved systemic control

+ Disease burden

Limited number of metastases: oligometastatic is defined as a small number of low volume metastases, 5 or less, 3 or less

Limited number of sites/regions

Single or limited number of organs

Limited number of metastases and sites

Limited number of distant metastatic regions (typically \leq 5) that contain the primary tumor

The authors agreed that 5 lesions should be considered an upper bound off protocol, until further data emerges



Oligomets from biology point of view



Oligo and polymetastatic cancers are more than two distinct entities

Subclasses (biomolecular subtypes, not just number of metastases)

□ Waiting from the lab...



Characterisation and classification of oligometastatic disease: a European Society for Radiotherapy and Oncology and European Organisation for Research and Treatment of Cancer consensus recommendation

Matthias Guckenberger, Yolande Lievens, Angelique B Bouma, Laurence Collette, Andre Dekker, Nandita M deSouza, Anne-Marie C Dingemans, Beatrice Fournier, Coen Hurkmans, Frédéric E Lecouvet, Icro Meattini, Alejandra Méndez Romero, Umberto Ricardi, Nicola S Russell, Daniel H Schanne, Marta Scorsetti, Bertrand Tombal, Dirk Verellen, Christine Verfaillie, Piet Ost

> To develop a consensus nomenclature and comprehensive system for OMD characterization and classification



Dynamic oligometastatic state model

The OMD classification system defines the oligometastatic state at one timepoint in the patient's history

Developmental characteristics

before current diagnosis?

imaging?

metastatic lesion?

radical intent?

before oligometastatic disease diagnosis?

after diagnosis of the primary tumour?

Is the oligometastatic lesion a newly developed

oligometastatic disease diagnosis?

Metastases-specific characteristics

Descriptive tumour characteristics

- Primary tumour characteristics: primary tumour site, histology, stage according to TNM Classification of Malignant Tumours, mutational status, tumour marker
- History of cancer progression: time interval since first diagnosis, disease-free interval, treatment-free interval
- History of treatment of primary tumour: method of local treatment, radical or palliative intent, controlled primary tumour
- History of systemic therapy before diagnosis of oligometastatic disease: types of systemic therapy, number of lines of systemic therapy
- Oligometastatic disease staging: imaging method, anatomical areas covered, invasive staging
- Involved organs of oligometastatic disease

Quantitative characteristics

- Number of metastatic lesions
- Number of involved organs
- Number of lesions per organ
- Maximum size or volume of individual metastasis

Guckenberger et al, Lancet Oncol 2020



However, one patient might develop several and different states of oligometastatic disease throughout the course of disease, resulting in multiple courses of radical local and systemic treatment

A De-novo oligometastatic disease

Synchronous oligometastatic disease



• T0: first time diagnosis of primary cancer (green) and oligometastases (red) within 6 months



- T-X: diagnosis and treatment of primary cancer (green) in a non-metastatic state
- Systemic therapy-free interval
- T0: First time diagnosis of new oligometastases (red) >6 months after diagnosis of cancer



- T-X: diagnosis and treatment of primary cancer (green) in a non-metastatic state
- Under treatment with active systemic therapy
- T0: first time diagnosis of new oligometastases (red) >6 months after diagnosis of cancer

B Repeat oligometastatic disease

Repeat oligorecurrence



- T-X: diagnosis of oligometastases followed by local treatment or systemic treatment or both
- Systemic therapy-free interval
- T0: diagnosis of new (blue) and growing or regrowing (red) oligometastases



- T-X: diagnosis of oligometastases followed by local treatment or systemic treatment or both
- Under treatment with active systemic therapy
- T0: diagnosis of new (blue) and growing or regrowing (red) oligometastases



- T-X: diagnosis of oligometastases followed by local treatment or systemic treatment or both
- Under treatment with active systemic therapy
- T0: diagnosis of persistent non-progressive (red) oligometastases

C Induced oligometastatic disease

Induced oligorecurrence



- T-X: diagnosis of polymetastatic metastatic disease followed by systemic treatment with or without local treatment
- Systemic therapy-free interval
- T0: diagnosis of new (blue) and growing or regrowing (red) oligometastases, possible residual non-progressive metastases (black)



- T-X: diagnosis of polymetastatic metastatic disease followed by systemic treatment with or without local treatment
- Under treatment with active systemic therapy
- T0: diagnosis of new (blue) and growing or regrowing (red) oligometastases, possible residual non-progressive metastases (black)

Induced oligopersistence



- T-X: diagnosis of polymetastatic metastatic disease followed by systemic treatment with or without local treatment
- Under treatment with active systemic therapy
- T0: diagnosis of persistent non-progressive oligometastases (red), where response is worse compared with other residual metastases (black)

Evaluation of the prognostic value of the ESTRO EORTC classification of oligometastatic disease in patients treated with stereotactic body radiotherapy: A retrospective single center study

[Willmann et al R&O 2022]

Check for updates

N= 385 OMD patients treated for max 5 mets @ USZ



 \rightarrow Independent prognostic factor





Ideal local treatment modality in OMD



Courtesy: Matthias Guckenberger

Evidence-based

High local efficacy

Simultaneous Tx of multiple lesions & sites

Synergistic combination with systemic Tx

Non-invasive

Low toxicity profile

Histopathological evaluation



Original Investigation | Oncology Evaluation of Definitive Stereotactic Body Radiotherapy and Outcomes in Adults With Extracranial Oligometastasis

Ian Poon, MD; Darby Erler, MRT(T), MHSc; Roi Dagan, MD; Kristin J. Redmond, MD; Matthew Foote, MD; Serena Badellino, MD; Tithi Biswas, MD; Alexander V. Louie, MD, PhD; Young Lee, PhD; Eshetu G. Atenafu, MSc; Umberto Ricardi, MD; Arjun Sahgal, MD

Table 1. Patient Demographic Characteristics			
Variable	Patients, No. (%) (N = 1033)		
Age, median (range), y	68.0 (18.0-94.3)		
Sex			
Male	601 (58.2)		
Female	432 (41.8)		

<u>1033 patients treated between 2008 and 2016</u> Median age: 68 years (18-94 yo) Median follow-up: **24 months** (0-105 months)

Primary tumor type	
Breast	84 (8.1)
Colorectal	235 (22.7)
Kidney	63 (6.1)
Lung	260 (25.2)
Prostate	132 (12.8)
Melanoma	37 (3.6)
Sarcoma	36 (3.5)
Head and neck	47 (4.5)
Thyroid	11 (1.1)
Pancreas	28 (2.7)
Hepatic or biliary	18 (1.7)
Gynecologic	19 (1.8)
Other gastrointestinal	18 (1.7)
Other genitourinary	17 (1.6)
Unknown	5 (0.5)
Other	23 (2.2)



Histology		
Adenocarcinoma	589 (57.0)	
Squamous cell	129 (12.5)	_
Ductal carcinoma	67 (6.5)	_
Renal cell	63 (6.1)	
Sarcoma	36 (3.5)	-
Melanoma	37 (3.6)	
Other	86 (8.3)	
Unknown	26 (2.5)	
Metastatic presentation)
Synchronous	279 (27.0)	
Metachronous	754 (73.0)	
Metastatic interval (range), mo	17.3 (0-293.0)	1
No. of metastases		
1	596 (57.7)	
2	245 (23.7)	
3	105 (10.2)	
4	55 (5.3)	
5	32 (3.1)	
No. of organs involved		_
1	875 (84.7)	
2	140 (13.6)	
3-4	18 (1.7)	

rior definitive metastasis-directed therapy	
No	805 (77.9)
Yes	228 (22.1)
rior systemic therapy for metastatic disease	
No	665 (64.4)
Yes	368 (35.6)
ype of prior systemic therapy for metastatic lisease	
Chemotherapy	218 (21.1)
Hormone therapy	134 (13.0)
Target therapy	65 (6.3)
Immunotherapy	14 (1.4)
ll known sites of disease treated	
No	49 (4.7)
Yes	981 (95.0)
	· /
Unknown	3 (0.3)
Unknown Prior systemic therapy for primary disease	3 (0.3)
Unknown Prior systemic therapy for primary disease No	3 (0.3) 477 (46.2)
Unknown Prior systemic therapy for primary disease No Yes	3 (0.3) 477 (46.2) 555 (53.7)
Unknown Prior systemic therapy for primary disease No Yes Unknown	3 (0.3) 477 (46.2) 555 (53.7) 1 (0.1)
Unknown Prior systemic therapy for primary disease No Yes Unknown Type of prior systemic therapy for primary lisease	3 (0.3) 477 (46.2) 555 (53.7) 1 (0.1)
Unknown Prior systemic therapy for primary disease No Yes Unknown Sype of prior systemic therapy for primary lisease Chemotherapy	3 (0.3) 477 (46.2) 555 (53.7) 1 (0.1) 431 (41.7)
Unknown Prior systemic therapy for primary disease No Yes Unknown Sype of prior systemic therapy for primary lisease Chemotherapy Hormone therapy	3 (0.3) 477 (46.2) 555 (53.7) 1 (0.1) 431 (41.7) 134 (13.0)
Unknown Prior systemic therapy for primary disease No Yes Unknown Gype of prior systemic therapy for primary lisease Chemotherapy Hormone therapy Target therapy	3 (0.3) 477 (46.2) 555 (53.7) 1 (0.1) 431 (41.7) 134 (13.0) 65 (6.3)
Unknown Prior systemic therapy for primary disease No Yes Unknown Type of prior systemic therapy for primary lisease Chemotherapy Hormone therapy Target therapy Immunotherapy	3 (0.3) 477 (46.2) 555 (53.7) 1 (0.1) 431 (41.7) 134 (13.0) 65 (6.3) 14 (1.4)
Unknown Prior systemic therapy for primary disease No Yes Unknown Sype of prior systemic therapy for primary lisease Chemotherapy Hormone therapy Target therapy Immunotherapy Not specified	3 (0.3) 477 (46.2) 555 (53.7) 1 (0.1) 431 (41.7) 134 (13.0) 65 (6.3) 14 (1.4) 5 (0.5)



Outcome analysis: OS and WSP



- Median OS **44.2 months** (3-year OS: 56.7%, 5-year OS: 35.2%)
- For the entire cohort, an overall median time to WSP of 42.5 months was observed → this finding suggests that WSP is <u>not</u> an early pattern of progression.



Emerging evidence

Benefit of local ablative therapies (LAT) in the oligometastatic setting

Histology	Trial name / Author	Type of Ablative Therapy	Results
	Gomez et al.	RT / Surgery	\uparrow OS and PFS
NSCLC	Iyengar et al.	SABR	↑ PFS
	SINDAS / Wang et al.	SABR	\uparrow OS and PFS
Drostata aanaan	STOMP / Ost et al.	RT / Surgery	↑ ADT-free survival
r rostate cancer	ORIOLE / Phillips et al.	SABR	↑ PFS
	EORTC 40004 / Ruers et al.	RFA (liver)	\uparrow OS and PFS
Colorectal cancer	Colorectal cancer PulMICC / Treasure et al.	Surgery (lung)	No improvement of outcomes
Multiple	SABR-COMET / Palma et al.	SABR	\uparrow OS and PFS



Extended long-term results of SABR-COMET

Stereotactic Radiation for the Comprehensive Treatment of Oligometastases (SABR-COMET): Extended Long-Term Outcomes

Stephen Harrow, MBChB, PhD,* David A. Palma, MD, PhD,[†] Robert Olson, MD, MSc,[‡] Stewart Gaede, PhD,[†] Alexander V. Louie, MD, PhD,^{†,§} Cornelis Haasbeek, MD, PhD,^{||} Liam Mulroy, MD,[¶] Michael Lock, MD,[†] George B. Rodrigues, MD, PhD,[†] Brian P. Yaremko, MD, MSc, PEng,[†] Devin Schellenberg, MD,[#] Belal Ahmad, MD,[†] Sashendra Senthi, MD, PhD,^{**} Anand Swaminath, MD,^{††} Neil Kopek, MD,^{‡‡} Mitchell Liu, MD,^{§§} Roel Schlijper, MD,[‡] Glenn S. Bauman, MD,[†] Joanna Laba, MD,[†] X. Melody Qu, MD, MPH,[†] Andrew Warner, MSc,[†] and Suresh Senan, MBBS, PhD

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2022

99 patients2:1 randomizationNSCLC: 6:12 patients

Follow-up of > **5 years** from enrollment for each patient Primary endpoint:

• Overall Survival (OS)

Secondary endpoints:

- Progression-Free Survival (**PFS**)
- Toxicity (CTCAE 4.0)
- QoL (FACT-G)
- Lesional control rate
- Need for further systemic therapy



Metachronous Oligorecurrence



Extended long-term results of SABR-COMET

Inclusion criteria

- Age \geq 18 years
- ECOG PS 0-1
- Life expentancy \geq 6 months
- Controlled primary tumour
- N° metastases ≤ 5 (all SABR-eligible)

Exclusion criteria

- RT contraindication (comorbidity)
- Prior RT to the site requiring treatment
- Malignant pleural effusion
- Spinal cord proximity (≤ 3 mm)
- Brain mts requiring surgical decompression



99 patients randomised between Feb 2012 and Aug 2016



Results

Overall Survival



Median OS:

- Control arm: 28 months (95% CI 19-39 months)
- SABR arm: **53** months (95% CI 29-73 months)

Progression Free Survival



- Control arm: 5.4 months (95% CI 3-7 months)
- SABR arm: 12 months (95% CI 6-24 months)

Ongoing Projects

Phase III trial

Study protocol | Open Access | Published: 05 May 2020

Stereotactic ablative radiotherapy for the comprehensive treatment of 1–3 Oligometastatic tumors (SABR-COMET-3): study protocol for a randomized phase III trial

Robert Olson 🖾, Lindsay Mathews, Mitchell Liu, Devin Schellenberg, Benjamin Mou, Tanya Berrang, Stephen Harrow, Rohann J. M. Correa, Vasudeva Bhat, Howard Pai, Islam Mohamed, Stacy Miller, Famke Schneiders, Joanna Laba, Derek Wilke, Sashendra Senthi, Alexander V. Louie, Anand Swaminath, Anthony Chalmers, Stewart Gaede, Andrew Warner, Tanja D. de Gruijl, Alison Allan & David A. Palma

BMC Cancer 20, Article number: 380 (2020) Cite this article

Study protocol | Open Access | Published: 19 August 2019

Stereotactic ablative radiotherapy for the comprehensive treatment of 4–10 oligometastatic tumors (SABR-COMET-10): study protocol for a randomized phase III trial

SHORT COMMUNICATION I ARTICLES IN PRESS

Planning Trade-offs for Stereotactic Ablative Radiotherapy in Patients with 4-10 Metastases: A Sub-study of the SABR-COMET-10 randomized trial

Samaher Ashram, MD + Houda Bahig, MD, PhD + Aisling Barry, MD + ... Andrew Warner, MSc + Stewart Gaede, PhD + David A. Palma, MD, PhD A 22 + Show all authors

Published: June 03, 2022 • DOI: https://doi.org/10.1016/j.ijrobp.2022.05.035

 \mathbf{r}

SABR planning on 4-10 metastases was

achievable in most cases (challenging in

spinal/nodal sites)



Two possible ways to define "oligometastatic"

- 1. Cancers are oligometastatic when there is a chance of cure
 - We don't have a clear definition of cure for many cancers
 - Likely a decreasing probability of cure with increasing number of mets

2. Cancers are oligometastatic when patients benefit from ablative treatment

 Might be no upper limit- patients might benefit with 15 lesions, and that is clearly not oligo



Volumetric burden of metastatic lesions drives outcomes in patients with extracranial oligometastatic disease

```
Yilin Cao<sup>1</sup><sup>©</sup> | Hanbo Chen<sup>2</sup> | Arjun Sahgal<sup>2</sup> | Darby Erler<sup>2</sup> | Serena Badellino<sup>3</sup> |
Tithi Biswas<sup>4</sup><sup>©</sup> | Roi Dagan<sup>5</sup> | Matthew C. Foote<sup>6</sup> | Alexander V. Louie<sup>2</sup> |
Ian Poon<sup>2</sup> | Umberto Ricardi<sup>3</sup> | Kristin J. Redmond<sup>1</sup><sup>©</sup>
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 Volumetric metastatic burden, quantified as the summed volume of all SBRT-targeted PTVs, was independently prognostic for distant PFS, WSP, and OS in a timedependent fashion.

This remained true even after adjusting for key confounders (i.e.: histology, n° of OM)



TROG 13.01 SAFRON II





[Siva et al Jama Oncol 2021]





Figure 2. Efficacy Outcomes After Stereotactic Ablative Body Radiotherapy Comparing Each Arm

DEPARTMENT OF ONCOLOGY UNIVERSITY OF TURIN

[Siva et al Jama Oncol 2021]

An analysis of a large multi-institutional database reveals important associations between treatment parameters and clinical outcomes for stereotactic body radiotherapy (SBRT) of oligometastatic colorectal cancer

Saad Sheikh^a, Hanbo Chen^b, Arjun Sahgal^b, Ian Poon^b, Darby Erler^b, Serena Badellino^c, Roi Dagan^d, Matthew C. Foote^e, Alexander V. Louie^b, Kristin J. Redmond^f, Umberto Ricardi^c, Tithi Biswas^{a,*}



Check for updates

Radiotherapy and Oncology 167 (2022) 187–194

Local recurrence as a function of biological equivalent dose (BED10)

- 1° Quartile: 28.8 to 93.6 Gy
- 2° Quartile: 93.6 to 100 Gy
- 3° Quartile: 100 to 119.6 Gy
- 4° Quartile: 119.6 to 180.0 Gy

SBRT using a BED of greater than 120 Gy (4° quartile) reduces local recurrence when compared to 1° quartile (p = 0.014)

Conclusion: This large multi-institutional analysis found that the use of SBRT for oligometastatic colorectal cancer resulted in favorable overall survival. However, local recurrence is higher than expected for ablative radiation treatment. An increase in BED₁₀ should be considered if feasible and safe.



Characterization of Metastatic Non-Small Cell Lung Cancer and Oligometastatic Incidence in an Era of Changing Treatment Paradigms





[Hyunsoo J, IJROBP 2022]

Male 54 yrs, PS 0, ex-smoker

- TBLB + US-guided biopsy adrenal R ischiorectal node : all proven EGFR-Wt ALK-negative lung adenocarcinoma
- Staging LLL cT2bN1M1b(adrenal R + pelvic node)





N1 station 11L

adrenal 24mm

pelvic node 14mm



Local consolidation → Two small but positive studies showing consistent results







[[]Iyengar P et al, JAMA Oncol 2017] [Gomez et al, JCO 2019]

	PFS	OS	Toxicity
lyengar et al.	9.7 vs 3.5 months (p= 0.01)	-	SABR: 29% G3, no G4-G5 Control: 20% G3-G4, no G5
Gomez et al.	14.2 vs 4.4 months (p= 0.022)	41.2 vs 17 months (p= 0.017)	SABR: 20% G3, no G4-G5 Control: 8% G3, no G4-G5





Role of consolidative radiation for OM NSCLC with sensitive mutations

Multicenter, open-label, randomized phase III trial in China (January 2016 - June 2019) 200 pts EGFR mutated synchronous Oligometastatic NSCLC (adenocarcinoma) without BMs

SINDAS Interim Analysis: 68% accrual: 133 patients

[Wang et al, J Natl Cancer Inst 2022]



Median Outcome, Mos	EGFR TKI + SBRT (n = 68)	EGFR TKI Only (n = 65)	HR
PFS (primary endpoint)	20.2	12.5	0.618 (95% CI: 0.394-0.969; log-rank <i>P</i> < .001)
OS (secondary endpoint)	25.5	17.4	0.682 (95% CI: 0.456-1.001; log-rank <i>P</i> < .001)



Ongoing studies Local Consolidation → SARON trial (UK)



*Brain metastases can be included if at least one extra-cranial metastasis is also present.

- Opened in 2015
- Actively enrolling across 21 study locations
- Expected accrual: 340 patients at august 2022





Ongoing studies Local Consolidation \rightarrow LONESTAR trial



STUDI/ STUDI/ Studies



Ongoing studies: Local Consolidation → NORTHSTAR trial







Ongoing studies: Local Consolidation → BRIGHTSTAR trial







LAT in oligoprogressive disease

Author	Histology	Systemic Therapy	Ν	Local Therapy	Median PFS (months)	Median OS (months)
Shukuya 2011	NSCLC EGFR+	Gefitinib/ Erlotinib	17 intracranial	SRS, WBRT	2.7 with lepto4.8 w/o lepto	13.4
Weickhardt 2011	NSCLC EGFR+ ALK+	Erlotinib/ crizotinib	25 Intracranial or extracranial	SRS, WBRT, RT, Surgery	6.2	N/A
Yu 2013	NSCLC EGFR+	ТКІ	18 Extracranial	RFA, SBRT, Surgery, RT	10	41
Gan 2014	NSCLC ALK+	Crizotinib	14 Extracranial	Hypofx RT, SBRT, Surgery	5.5	N/A



clinical practice guidelines

Metastatic non-small-cell lung cancer: ESMO Clinical Practice Guidelines for diagnosis, treatment and follow-up[†]

S. Novello¹, F. Barlesi², R. Califano^{3,4}, T. Cufer⁵, S. Ekman⁶, M. Giaj Levra⁷, K. Kerr⁸, S. Popat⁹, M. Reck¹⁰, S. Senan¹¹, G. V. Simo¹², J. Vansteenkiste¹³ & S. Peters¹⁴ on behalf of the ESMO Guidelines Committee^{*}



LAT in oligoprogressive disease

CURB trial (breast & NSCLC) (NCT03808662)

a Phase II, randomized, controlled, single-institution study from MSKCC SABR to all sites of oligoprogression (up to 5) versus SOC palliative therapy alone

Breast 47 pts + Lung 59 pts (median follow up: 52 weeks)

Median PFS: 3.2 months (95% CI 2.0–4.5) SOC 7.2 months (4.5–10.0) SBRT group

CURB Trial: Progression- free Survival (median follow up: 52 weeks)

NSCLC

Treatment arm	Time 6	Time 9	Treatment arm	Time 6	Time 9
No SBRT	19% (8%, 46%)	14% (5.1%, 41%)	No SBRT	23% (12%, 47%)	19% (9%, 42%)
SBRT	29% (16%, 54%)	25% (13%, 50%)	SBRT	68% (53%, 86%)	55% (40%, 75%)

Ongoing studies \rightarrow LAT in oligoprogressive disease

STOP trial: <u>SBRT</u> for <u>Oligo-P</u>rogression in NSCLC (NCT02756793)

Ongoing studies \rightarrow **LAT in oligoprogressive disease**

HALT trial: Targeted therapy with or without dose intensified radiot<u>H</u>erapy for oligo-progressive disease in oncogene-<u>A</u>ddicted <u>L</u>ung <u>T</u>umours (NCT03256981)

Room for improvement

AND: better evidence......

How to select patients ?

Patient selection		Toxicity risk	Timing	
Best candidates	Good performance status Low burden of disease (one oligometastasis) Multiple systemic therapy options	Small lesions Treatment unlikely to cause toxicity (eg, small resection or tumor far from critical structures)	Metachronous oligometastases Responding to systemic therapy	
Less favorable	Borderline performance status (eg, ECOG 2) Moderate burden of disease (two to five oligometastases)	Larger lesions Moderate risk of toxicity or impact on organ function	Synchronous oligometastases Overlapping toxicities (eg, immunotherapy and thoracic radiotherapy)	
Unfavorable	Poor performance status High burden of disease (> 5 metastases)	Very large lesions High risk of toxicity Comorbidities precluding radiotherapy or surgery	No response to systemic therapy Rapid disease progression	

Development of a Prognostic Model for Overall Survival in Patients With Extracranial Oligometastatic Disease Treated With Stereotactic Body Radiation Therapy

Hanbo Chen, MD, MPH,* Ian Poon, MD,* Eshetu G. Atenafu, MSc,[†] Serena Badellino, MD,[‡] Tithi Biswas, MD,[§] Roi Dagan, MD,^{||} Darby Erler, MRT(T),* Matthew Foote, MD,[¶] Kristin J. Redmond, MD,[#] Umberto Ricardi, MD,[‡] Arjun Sahgal, MD,* and Alexander V. Louie, MD, MSc, PhD*

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Future evidence generation

primary tumour

type & stage treatment & response

oligometastases

definition & diagnosis timing numbers & size nodal *vs.* distant organs & location

treatment

dose & fractionation technique & technology other treatment modalities

trial & endpoints

survival *vs.* intermediary endpoints QOL & PROMs costs

ESTRO & EORTC initiative: OligoCare

A Pragmatic Observational Basket Study to Evaluate Radical Radiotherapy for Oligo-Metastatic Cancer Patients

